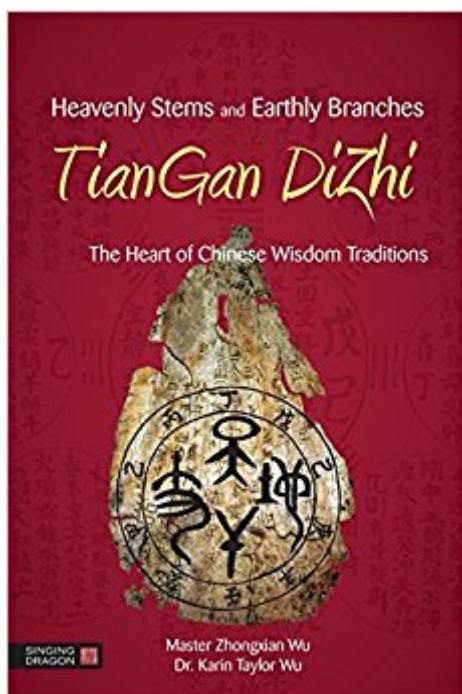


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# Heavenly Stems And Earthly Branches - TianGan DiZhi: The Heart Of Chinese Wisdom Traditions



## Synopsis

Essential reading for serious students of Chinese practical arts, including medicine, martial arts and FengShui, Master Zhongxian Wu and Dr Karin Taylor Wu provide a detailed explanation of the 22 GanZhi symbols in this book, outlining the characteristics of each, and their interactions and relationships. TianGan (Heavenly Stems) and DiZhi (Earthly Branches), commonly abbreviated to GanZhi, originated in the ancient Chinese cosmological sciences and is a complex calendrical system which was created to codify the patterns of life and of the universe itself. The ten symbols of Gan express the Yin or Yang perspective of Five Elements and embody the Way of Heaven. The 12 symbols of Zhi, made manifest in the 12 animals of the Chinese zodiac, hold the root of each Element and embrace the Way of Earth. Poetic summaries from the Song dynasty give the reader a deep understanding of the nature of each Stem and their relationship to each other. Offering an unprecedented insight into the subtleties and far-reaching influence of this ancient system, this book will be invaluable for the study or practice of Chinese medicine, FengShui, Chinese astrology, traditional Chinese cosmology, Qigong, Taiji, and other inner cultivation practices. A set of study cards (9781848191501), also published by Singing Dragon, are available to accompany this book.

## Book Information

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## Customer Reviews

Zhongxian Wu and Karin Taylor Wu have accomplished the feat of producing a readable account of Gan-Zhi, one of the most complex subjects among the gnostic sciences of ancient China: the detailed calculation of how, exactly, the Above and the Below interweave and create qualitative

differences in our space-time environment. A must read for every serious student of classical Chinese medicine and ancient cosmology. -- Heiner Fruehauf, PhD, Founding Professor, School of Classical Chinese Medicine, National College of Natural Medicine The subject of Stems and Branches is a real challenge for everyone who studies or works in the field of Classical Chinese Medicine. This wonderful book, based on authentic classical texts, is of great importance for those who seek deeper understanding for the sake of the health and peace of their patients and themselves. I am grateful to Master Wu and Dr. Karin Taylor Wu for their inspiration and for opening gateways into the hidden knowledge of the fundamentals of Chinese Medicine. -- Joan Duveen M.Ac., practitioner and teacher of acupuncture according to the heavenly stems and earthly branches I hope this book, Heavenly Stems and Earthly Branches-TianGan DiZhi: The Heart of Chinese Wisdom Traditions, will help you master the secrets of the GanZhi and unravel the truth of life and of the universe itself. -- from the foreword by Professor Fei BingXun, president of ZhongGou YiXueYuan (Chinese Yijing College) and professor of XiBei DaXue (Northwest University) Master Wu and Dr. Taylor Wu's outstanding new book introduces the basic principles, key applications, imagery, poetry and philosophy of the ancient science of TianGan DiZhi. The study of 'Heavenly Stems and Earthly Branches' is an important gateway opening to a deeper understanding of applied Chinese Philosophy, and especially the inner aspects of Traditional Medicine, Geomancy, Pugilism, Music Theory and Taoist Internal Alchemy. Written with a distinctive flair for Chinese scholarship, this book cuts deep into the heart of the matter. If you strive to achieve a better understanding of your Chinese art, this book will certainly guide you towards the correct path. -- Ioannis Solos, Chinese Medicine practitioner, researcher and author, Beijing, China This is an excellent portrayal of the philosophy of the Stems and Branches - TianGan DiZhi! It brings a fuller context to the subject for experienced practitioners by investigating each of the 22 characters of the GanZhi through calligraphy, poems from various sources in Chinese literature and cultural artefacts. It also introduces those new to this area of Chinese culture and medicine to exciting concepts that will help to take clinical practice to another dimension. -- Sam Patel, Joint Principal, The International College of Oriental Medicine This book offers an unprecedented contribution to Daoism, the Yijing, traditional medicine, internal alchemy and Qigong practice to the English speaking world. My wish is for this offering to bring great benefits to people throughout the world. May it flourish and prosper! -- Grandmaster Ren FaRong, former abbot of LouGuanTai, President of ZhongGuo DaoJiao XieHui (Chinese Daoist Association) This beautiful and timely book re-establishes Heavenly Stems and Earthly Branches as a central tenet of Chinese philosophy and an intimate part of Chinese medicine, not an optional extra. Liberally illustrated with diagrams and backed by classical

quotations, quietly authoritative writers Zhongxian Wu and Karin Taylor Wu share their deep knowledge to produce a kaleidoscopic presentation, bridging the ancient Chinese traditions of medicine, yin yang five phase theory, Yijing studies, cosmology, music and internal alchemy. From star pattern etymology for Chinese characters to practical seasonal advice, from discussion of the application of hidden stems to the complexities of alchemical transformation, this book serves as an essential primer that will be of use to beginner and advanced practitioner alike in the study of the pulsing rhythms of unfolding time. -- Peter Firebrace, Past Principal of the International College of Oriental Medicine, co-founder of Monkey Press, acupuncturist, author and teacher From, to, and for the Great Oneness comes a soul size gift in the form of a book - Heavenly Stems and Earthly Branches. -- Dianne M. Connelly, Ph.D., M.Ac. (UK), co-founder of Tai Sophia Institute (now Maryland University of Integrative Health), author, and Chinese medicine practitioner

Zhongxian Wu and Karin Taylor Wu have accomplished the feat of producing a readable account of Gan-Zhi, one of the most complex subjects among the gnostic sciences of ancient China: the detailed calculation of how, exactly, the Above and the Below interweave and create qualitative differences in our space-time environment. A must read for every serious student of classical Chinese medicine and ancient cosmology. (Heiner Fruehauf, PhD, Founding Professor, School of Classical Chinese Medicine, National College of Natural Medicine)The subject of Stems and Branches is a real challenge for everyone who studies or works in the field of Classical Chinese Medicine. This wonderful book, based on authentic classical texts, is of great importance for those who seek deeper understanding for the sake of the health and peace of their patients and themselves. I am grateful to Master Wu and Dr. Karin Taylor Wu for their inspiration and for opening gateways into the hidden knowledge of the fundamentals of Chinese Medicine. (Joan Duveen M.Ac., practitioner and teacher of acupuncture according to the heavenly stems and earthly branches)I hope this book, Heavenly Stems and Earthly Branches-TianGan DiZhi: The Heart of Chinese Wisdom Traditions, will help you master the secrets of the GanZhi and unravel the truth of life and of the universe itself. (from the foreword by Professor Fei BingXun, president of ZhongGou YiXueYuan (Chinese Yijing College) and professor of XiBei DaXue (Northwest University))Master Wu and Dr. Taylor Wu's outstanding new book introduces the basic principles, key applications, imagery, poetry and philosophy of the ancient science of TianGan DiZhi. The study of 'Heavenly Stems and Earthly Branches' is an important gateway opening to a deeper understanding of applied Chinese Philosophy, and especially the inner aspects of Traditional Medicine, Geomancy, Pugilism, Music Theory and Taoist Internal Alchemy. Written with a distinctive flair for Chinese scholarship,

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I have tried to research the origins of the stems and branches system but this book lays out information like I haven't seen, very clear illustrations of the star patterns responsible for the oracle scripts. Goes into great detail about the wu xing, the 4 palaces of the sky, the related body parts, even the lunar mansions. I absolutely adore this book. The meditation stances for each stem is also beautiful.

Daoist Master, Wu Zhongxian, and his wife Dr. Karin Taylor Wu, deliver a profound and thorough introduction to the energetics of time and space in the Chinese wisdom tradition. Indispensable.

closely examined pieces to the puzzle of tiangandizhi with valuable qi gong instruction. At the end this puzzle still needs to be put together by you, great work on a rare subject all in all.

If you study the Heavenly Stems and Earthly Branches, for your own cultivation or for application in Chinese medicine, you will find these cards invaluable. Very high quality production and Master Wu's calligraphy is beautiful. Also very helpful are the cards in this set that show the stroke order of the Chinese characters, so you can practice your own calligraphy and get the feel for the energy of each Stem and Branch.

I thought this was a book. It is a deck of Chinese characters some with verbiage on the back. I can not read Chinese. Not much help for me.

Ok

good, very detailed information and the cards are easy to use

Well written information I have been looking for.

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